

Jennifer's View from the Nightshift

"What I love about my job is that there are never two shifts the same. There are some tough shifts from time to time but this is to be expected considering we are supporting some of the most vulnerable young people, but shifts can often be really good fun. My shifts never drag in and there is always plenty to do.

Wellbeing for Young People is an environment where management and staff don't just offer practical support to young people, they nurture young people, encourage and promote them and care about them.

There is no such thing as a typical shift. There are always certain tasks that have to be undertaken on a nightly basis but it's very much about having contact with and offering support to young people whether it be practical or emotional support or facilitating an activity. Since I've been here I've dressed up for Halloween, played prize bingo, held cooking activities and hosted Pamper Nights. You can't really complain when you come to work and get to pamper yourself for a couple of hours!

The team are amazing. The staff and management are so supportive. Everyone comes from different backgrounds and brings their own experiences, skills and knowledge making this team dynamic and unique. Staff and management are always available to listen, offer advice and give reassurance. It doesn't just feel like a workplace, it feels like a family.

We also have the back up of a fabulous organisation with close working relationships with many departments.

I walked into the service for my interview immediately feeling a connection. I was over the moon to receive a phone call one day to advise I had been successful in my interview and that I was being offered a permanent position.

I love working Nightshift in the service. I feel we are truly privileged on nightshift as I believe that is when we truly get to know the young people who call the service their home. Young people know the door is always open and are encouraged to come and sit for while, have a cup of tea and chew the fat, it feels more homely. It's important for them to know that they do not live in my place of work, I work where they live."